



SAMPLE
BLACK SEED TAROT

by Theresa Hutch

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TABLE OF CONTENTS

10 9 8 7 6 5 4 3 2 1

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Introduction	5
Major Arcana	13
Minor Arcana	41
Wands.....	42
Cups	57
Swords.....	72
Pentacles	87
About the Artist.....	102



INTRODUCTION

BLACK SEEDS

For years I've listened to a little voice whisper to me, "When you make your next tarot deck it will be called *Black Seed Tarot*. The deck will be a complement to your first deck, *White Sage Tarot*, as yin complements yang." I remember wondering if black seeds were a thing and if so, what were their healing qualities? I went down to my favorite local herb shop, Present Moment Herbs and Books, in Minneapolis to find out. They informed me that black seeds are another name for black cumin seeds,

SAMPLE

often used in its oil form, and they provide a long list of health benefits.

After doing some research into these seeds, it became clear that black seed oil has the potential to greatly benefit us at this time. According to WebMD: "Black seed, *Nigella Sativa*, is also known as nigella, black cumin, fennel flower, black caraway, and Roman coriander. Black seed oil has been shown to have multiple health benefits for numerous conditions including: inflammation, asthma, high cholesterol, metabolic syndrome, autoimmune disorders and diabetes. Black seed oil can also be applied topically. Small scale studies have demonstrated positive effects for eczema, psoriasis and acne."



WATER THE RIGHT SEEDS

The seeds of negativity are always there, but very positive seeds also exist, such as the seeds of compassion, tolerance, and love. These seeds are all there in the soil, but without rain they cannot manifest. Our practice is to recognize and water the positive seeds. If you recognize the seed of compassion in yourself, you should make sure it is watered several times every day.

— Thich Nhat Hanh

Everything starts with a seed. What are the seeds that you choose to water each day? It is my hope that this deck helps remind you to water the seeds of love in your life so you can watch them grow and inspire others to follow suit.

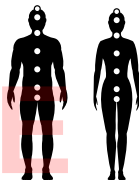
DECK INSPIRATION

Many of the cards in *Black Seed Tarot* were inspired by the Rider-Waite-Smith deck. Sometimes, my interpretation is more literal and other times it is more intuitive. Just as Beatrix Potter's characters are sometimes human-like and other times they are more in their natural state. This deck connects through loving and playful characters who can create a heart-connection with the viewer.

COVER ART

The powerful gaze of the High Priestess was chosen for the cover of *Black Seed Tarot* to match the intensity of the times we are living in. The image was inspired by a trip with a dear friend, Vicki Rafn, to Lake Superior, also known as Kitchi-Gami. We meditated on some ancient boulders near a giant cliff that overlooked the rising moon reflected on the waves.

Wolves, like all beings in nature, are our allies and need to be respected as such. The fear-based old stories of humans conquering wolves are on their way out. This High Priestess is here to protect you and reveal that you already have all of the tools you need to thrive in this lifetime.



CHAKRA CONNECTION

Both *Black Seed Tarot* and *White Sage Tarot* have cards that connect to the chakras. Understanding the chakras can help you discover your own human motivations and where you are spending your time in the evolutionary process. If a card or several cards show up with the same chakra it can help

3 OF CUPS



Upright: Satsang, spiritual community

It's a good time to pull up a chair and howl at the moonlight with your besties.

This image presents three foxes having a grand time pulling *White Sage Tarot* cards in the moonlight.

Reversed: Disillusionment, enlightenment

Time to be your best self; no holding back.

Chakra 2 Svadhithana: Pelvis, orange light

4 OF CUPS



Upright: Levity, subtle wisdom

Where your focus goes, energy flows. This lion is able to appreciate the unexplainable cup rising with the

sweetest gaze. This card points to emotional stability on a subtle level.

Reversed: Skeptical, stagnate

Emotional patterns could show up right now that make you feel stuck. Ask yourself, "What's filling my cup?"

Chakra 2 Svadhithana: Pelvis, orange light

5 OF CUPS



Upright: Disappointment, mistakes

Do you focus on the three tipped over cups or the two that are still standing?

When you forgive others, you are ac-

tually forgiving yourself. Deep wisdom comes from suffering in life. If you look closely, you'll see the bridge to the other side. What's the lesson here?

Reversed: Embarrassed, forgiveness

Your mistakes may feel unforgivable, but all things will be healed with time. Start with forgiving yourself.

The bridge will take you where you need to be, a bit more effort is required. You have two choices, a heavy or a light load. Which do you prefer?

Chakra 2 Svadhisthana: Pelvis, orange light

6 OF CUPS



Upright: Simplicity, ancestor healing

This card is nostalgic, pure love, and beauty in simplicity. A gentle nudge from an elder or an ancestor who

always has your back. Beauty is everywhere; be open to see it.

Reversed: Closed off, separation

Part of the human predicament is that we forget our connection to a deeper wisdom. If you feel this way, be kind to yourself. Stop what you are doing and take three slow, deep breaths.

Your ancestors are here waiting.

Chakra 2 Svadhisthana: Pelvis, orange light

7 OF CUPS



Upright: Fantasy, illusion

If you have any questions that are burning for an answer, now is the time when you may need to evaluate

your life. A yellow snake reflects your inner spirit and intuition. Consider your attachments and aversions to the material world.

Reversed: Impatience, longing

The 7 of Cups is the house of illusion. Take stock in what's real and also what's important in your life. It is okay to surround yourself with beautiful jewels; just resist the urge to cling to them.

Chakra 2 Svadhisthana: Pelvis, orange light

8 OF CUPS



Upright: Take responsibility, move on

This camel is packed up and ready for a journey into the unknown.

This is a card about

endurance and the need for emotional connection. Don't worry, the intuitive moon is there to keep an eye on you and light your path.

Reversed: Dissatisfaction, searching

What you are looking for is looking for you. Your intuition can lead you to places that may be both difficult and beautiful. Life is a curriculum; what are you here to learn?

Chakra 2 Svadhisthana: Pelvis, orange light

9 OF CUPS



Upright: Contentment

This may be a time of plenty. Work in the world with the spirit of generosity. Be clear about anything you want

to manifest. Be specific and write it down. Like this bear, find joy in the simple life.

Reversed: Make a wish

You may feel scattered and discouraged. Real happiness is beyond all that changes. Make a list of what you are grateful for in your life right now. The truth is you are limitless.

Chakra 2 Svadhisthana: Pelvis, orange light

10 OF CUPS



Upright: Celebration, ultimate results

What is more awe-inspiring than a great whale bursting from the ocean? It is time

to celebrate completion of a project. Time runs in cycles. Be sure to live in this moment instead of heading off to the next thing.

Reversed: Mindless movement

You've come so far and yet that number ten is the same as the number one. You may be tempted to focus on the next thing rather than enjoying this moment. Be open, breathe deeply.

Chakra 2 Svadhisthana: Pelvis, orange light

PAGE OF CUPS



Upright: Fresh outlook

See the world with grateful eyes. This page loves the way this magical talking fish shares its wisdom. Consider

manifesting your life for the highest good.

Reversed: Serious, stagnant

Notice the miracles in your everyday life. Some say that angels can fly because they take themselves lightly.

Chakra 2 Svadhithana: Pelvis, orange light



KNIGHT OF CUPS



Upright: Softy on the inside, potential

The Knight of Cups sees the world with an open heart. Don't let his hard outer demeanor fool you. The world

is greater than your rational mind can understand.

Reversed: Manipulative, cunning

When this knight shows up in reverse, his emotional side might be getting the better of him. Give him space as needed and then move in for a big hug.

Chakra 2 Svadhithana: Pelvis, orange light

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U.S. GAMES SYSTEMS, INC.

179 Ludlow Street

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Phone: 203-353-8400

Order Desk: 800-544-2637

FAX: 203-353-8431