

# Find Your Light

INSPIRATION DECK

by Sara Burrier

SAMPLE



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## Introduction

In the journey of life, we all have three parts that are in constant rotation and reflection: Who I Am, How I Feel and What I do. I personally have struggled greatly in these three areas of my life, finding that they do indeed work in a rotation as I live out my years. I did not find my true identity until my late twenties and early thirties. I did not understand the role my emotions played in my day-to-day life until I had my first child in my early thirties. It is now time for me to apply what I have learned in my identity and newfound control of emotions through what I do outside of myself. This deck is a reflection of what I have discovered in my exploration of these foundational statements using my three favorite subjects: Faeries, Mermaids and Angels. I pray you will find growth and reflection through the art I have created during my personal journey, and the words that have inspired me to keep living for the Light.



## How to Use the Deck

In the morning, before you begin your day, shuffle the deck and pull a card. This is your reflection card for the day, so meditate on what it says. Take a picture of it with your phone to keep with you, write down the statement and stick it on the mirror or dashboard of your car. Based on the card's foundational statement, Who I Am (Faeries), How I Feel (Mermaids), What I Do (Angels), ask yourself how it applies to you and your current point in life, then reflect. If the card does not seem to apply to you, think about someone else it may relate to. The motivation behind the card is to build a stronger relationship either with yourself, or with someone else.

A decorative border of grey leaves and branches frames the left and top edges of the page.

Fairies  
symbolize the  
ground, our  
foundation upon  
which we stand.  
These are the truths  
of who we are.

## *I am...*CAPTIVATING

Although I feel I must be hidden up within a tree, I remind myself that I am sought after and my presence brings light. I was made far more beautifully and with more joy than the tree I sit in.



## *I am...*BEAUTIFUL

When I look into the mirror today I will smile and say “Ta Da!” I am beautiful because I am one of a kind. I am beautiful because I was made out of light. And I am beautiful because I am loved by the one who made me.



## *I am...*WORTHY

Without question I am trusting my purpose and my heart, that I am worthy of being in this moment. I have been given the gift of stardust and the heavens.

## *I am...*TREASURED

Today, I will look into the mirror, and as I adorn myself in jewels, I will remind myself that I too am treasured, shimmering like gold.



## *I am...*A VOICE

My voice is small but does not go unheard. It is a vehicle to share my light and love to the rest of this world when it is needed most. I will share it balanced with confidence and humility.



## *I am...*BONDED

I am not alone. I will choose to not be still, yet to seek out the relationships I need to keep moving forward. I seek out the relationships already formed that may have been taken for granted. I will choose not to be alone. I am loved.

## *I am...*AUTHENTIC

I have been afraid to remove my mask and expose the truth I hide. Today I am called to be free and to let go of the fear. I choose to step into the light and walk boldly as my authentic self.



## *I am...*A CHILD

I remain a child inside, seeing the wonders of imagination and giggles of pure light dancing about me. I will approach this day open and willing to receive the simple gifts it brings.



## *I am...*CHERISHED

In a quiet moment I will breathe in nature as I witness dancing light from a cloud. As I listen to the buzzing of insects and the music of wind through the trees, I remind myself that this symphony is a gift. It whispers how cherished I am by the creator, and how I was created to cherish back.

## *I am...*LIGHT

I carry the lamp of love to light the way for others. I will choose to show them the garden made for us, where hope and peace reside. There is much light in this dark world.



## *I am...*DESTINED

I will choose the destiny set before me as a light upon the hilltop. I will play my song of hope and my soul will sing. I will overcome the obstacles to reach eternity through flight.



## *I am...*CROWN OF CREATION

I am the jewel on top of creation's head, and I shine in the darkness, full of strength and beauty. I am the daughter of the king, the wife of the son, and the mother of the garden I am within.

## *I am...*CONNECTED

I was born to place my hands and feet into the soil. Connected, I share this garden together with all life, tending to it and nurturing its growth.



## *I am...*FREE

I won't allow this world to define me. I am free to be who I am designed to be. I was given the light, ignited to shine. I will fly above my circumstances and choose to see my part in the full story of life.



## *I am...*ROYALTY

I watch the dawn with wild awe, resting in the truth that this was created for me to dwell in, to care for, and to rule over. I am a royal heir to the king and to his kingdom.

## *I am...*SEALED

I have been sealed through sacrifice and my heart is protected through the one sealed within me. I will walk through this day with strength, knowing all darkness has been conquered, on the outside and inside.



## *I am...*A WARRIOR

I take up my arrow, shielded to protect my heart, protecting my mind, and my soul from the enemies surrounding me. I will not fear, as I was born equipped for this battle. I will be victorious. The spirit within me guides my feet. I am a soldier.




## *I am...*CHOSEN

I will not fear who I am. I was chosen to be free, to fly above and beyond what this world offers me and says of me. I will not fear who I am called to be. I choose to love and forgive those in my path today, and every day.

## *I am...*GIFTED

Today I give praise for the gifts, simple and big, that I have been given. I am thankful there is no other like me. I alone was created to do what I alone can do. I make an impact to this world through all I give it.



A decorative border of grey and black leaves and branches frames the left and top edges of the page.

Mermaids  
symbolize the desires  
of our heart and our  
emotional response  
to life. These are  
the deep, wavering  
feelings within  
our soul.

## *I feel...*NURTURED

I am embracing the love given to me, and am tending to it like it was a child. With compassion, grace and a healing touch, I am filled with warmth.



## *I feel...*OPEN

As I search for answers deep within, I feel vulnerable and exposed. Yet I am keeping my mind and heart open to receive truth, testimony and inspiration.



## *I feel...*ALONE

In this lonely moment I am keeping my head raised and my eyes on the horizon. I know this time will pass, and the sun will rise again in the morning with a new day.



## *I feel...***BRAVE**

Lifting high in the challenging waters of circumstances, I am strong, steady and balanced. I am not alone. Elegant and flowing, I am equipped for the battles ahead.



## *I feel...***PEACEFUL**

In this time of peace and tranquility, I effortlessly drift to sleep as the joy of life sweeps around me like a blanket.



## *I feel...***TRANSFORMED**

I am awake and renewed! Refreshed and energized, I rise up toward the sunlight and share this energy I have found. My old self is gone, shed off, and my new skin lifts me higher.

## *I feel...***LOVED**

The actions of my kindred fill my heart with love. The light they share when mine is dim helps me grow, and reminds me that I do not swim alone in this vast ocean of life.



## *I feel...***SENSUAL**

Created for beauty, I am a muse, radiating enticement with interludes of poetry. My song is sweet, luring my love close, sharing and connecting.



## *I feel...***BALANCED**

All is calm and serene. Everything is balanced and in its rightful place. I pause to listen and center myself before I swim on.

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