

# PSYCHIC TAROT

Written by Craig Junjulas

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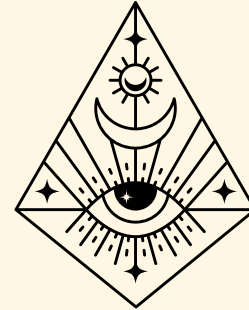
**Illustrated with the  
AQUARIAN TAROT DECK**

by David Palladini

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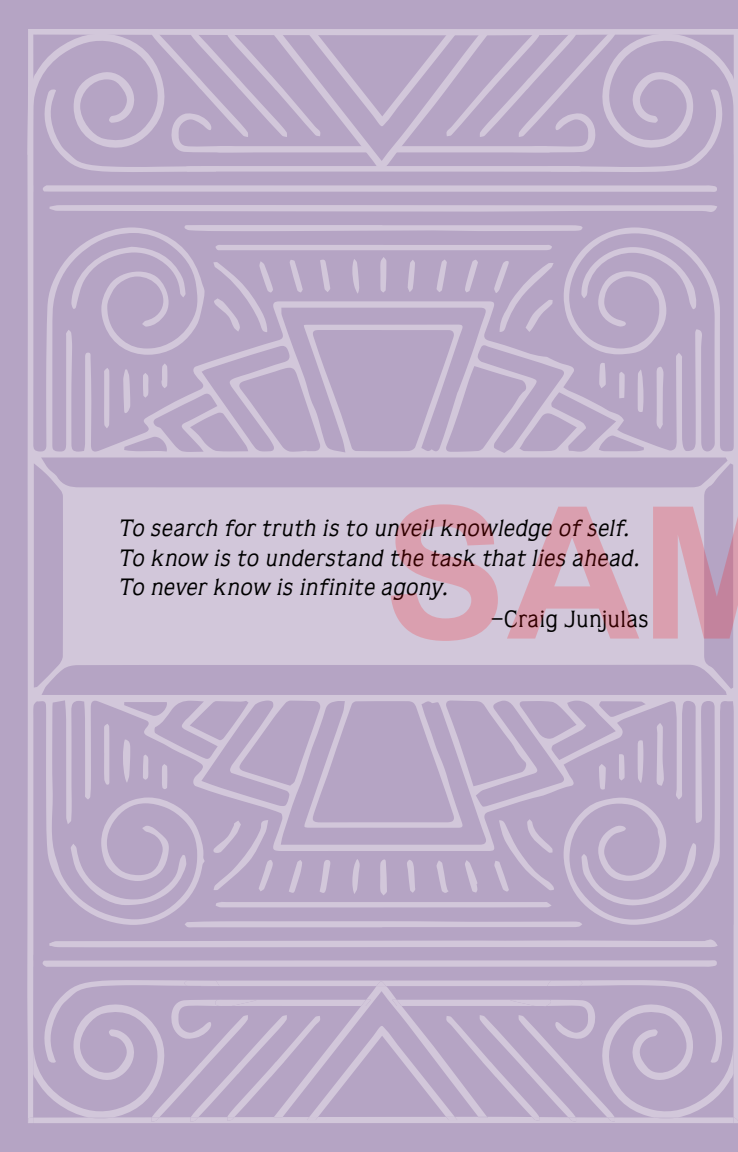
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*To search for truth is to unveil knowledge of self.  
To know is to understand the task that lies ahead.  
To never know is infinite agony.*

—Craig Junjulas



## PREFACE

The purpose of this book is to create a bridge between two subjects that are dear to me: psychic development and the Tarot. This bridge can be crossed from either direction. If you are investigating or working with Tarot cards, you can cross comfortably into the realm of psychic development. If you have been interested or involved in psychic development, you will be able to explore the fascinating world of the Tarot.

As an instructor of personal and psychic development, I have enjoyed introducing people to many benefits of opening up to this exciting subject. I try to reduce the esoteric teachings to simple terms and relate the teachings to everyday experience. I believe that everyone has psychic abilities and can develop them easily and safely by using common sense and sincerity.

I also believe that the Tarot cards can lead the student through soul development in an exciting and practical way. The cards contain the esoteric wisdom that is revealed through pictures and related to everyday experiences. Sincere use of the Tarot cards in psychic readings aids

both the reader and the seeker to grow and be healed as they work together. I recommend their use for students who are training to be aura readers and healers because the cards can communicate important information about a seeker that the reader may not see by looking directly at a person's energy. I also teach the Tarot cards as a meditative tool for receiving spiritual insight and wisdom.

I recommend the Aquarian Tarot deck because I feel that David Palladini was inspired when he created the artwork for this deck. He has blended the ancient symbols with modern images and colors that speak directly to the spirits heralding the Aquarian Age. This particular deck has a tremendous emotional impact on the user and seems to awaken the desire to help other souls who are searching for the meaning of life at this time.

This book is written with both the beginning student and the advanced practitioner in mind. Beginning readers are often confused by the variations in meanings they read for each card and become frustrated when they try to use these meanings in actual reading situations. Each author has his, or her, own interpretation of the meanings and symbology for each Tarot card because the cards interact with each person's subconscious mind. Understanding this process will help the beginning student use the various interpretations as a help, rather than a hindrance.

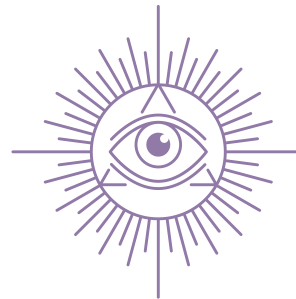
I have blended traditional and modern meanings together, along with my own insights, and presented them in levels that offer choices without confusion. You will be familiarizing yourself with the basic interpretations of the cards,

and scoring these meanings in your subconscious mind as you study. By learning the Tarot while working with psychic development, you will be assisted by the techniques that teach you to trust psychic impressions that come to you from your own subconscious when needed. Acceptance of these intuitive insights removes the mental pressure and confusion that usually result from trying to remember and apply the meanings that you read.

The advanced student or practitioner will enjoy the opportunity for expansion and growth offered by the practical psychic development techniques which are incorporated into this system. The additional inspiration and healing energy that is provided by this system should enable you to help others successfully.

I hope the following pages inspire you and gently awaken your psychic abilities as you open your mind and heart to these teachings. May the light that is within you shine out on all humanity and reflect the love, wisdom and power of your higher self as you work with *Psychic Tarot*.

C. J.





## LEARNING TO SEE CLEARLY

Clairvoyance (French for *clear seeing*), in its highest stage of development, is the direct viewing of nonphysical reality. A person who has mastered clairvoyance to this degree is able to see spiritual entities in the higher planes and the human aura as easily as one sees a rock or a tree. At its simplest stage, clairvoyance is the internal viewing of images that symbolize ideas. Average clairvoyant ability falls somewhere between the two extremes.

### TEST YOUR INNER VISION

The fundamental function of inner vision is to receive ideas and convert them into images. Authors rely on their written words to form images in the minds of their readers as well as to transmit ideas through direct verbal messages. Comedians tell stories that evoke humorous images in the minds of the audience.

Test your inner vision with the following: Try not to see a pink hippopotamus wearing a yellow ballet outfit (with purple polka dots), sporting a matching parasol. Furthermore, don't see her smiling at you and waving to get your attention as she dances atop a white picket fence.

Because of the colorful description and the humorous character, this vision obviously and clearly comes to mind, especially if you are trying not to see it.

## DREAM WHILE AWAKE

Receiving psychic visions is a form of dreaming while awake. As an altered state of consciousness, it can be compared to having one foot in the physical world and the other in nonphysical reality, with your mind alert to visual information. Visual psychic reception is clearest when the mind is flowing along the edge of sleep, without actually falling into it. Learning to remain flowing along this boundary while remaining awake will develop your ability to maintain brainwaves in the alpha level, an altered state of consciousness that is best suited for psychic reception. Deep relaxation is beneficial to clairvoyant perception also.

When people are in the sleep stage, they are unaware of the images flashing on the mind's screen. In the morning they usually remember only a small percentage of the visual experience. Later in the day it may be completely forgotten. Similar experiences are reported by clairvoyant psychic readers. As soon as a reading is over, the images seen begin fading from their memory into a forgotten dream sequence, as if the readers had been dreaming while awake.

### CREATE AN INTERNAL VIEWING SCREEN

A good way to provide a clear space for receiving psychic images is to create an internal viewing screen. "Internal," in this instance, refers to the location within the aura, but outside the physical body. Bringing the screen into the astral body helps reduce interference from personal images and thoughts experienced inside the head.

A “viewing screen” is just a tool. Before creating one, identify how you “see” now. You may “see” as if you are directly observing a scene, either in front of, or above it. If you are comfortable with your own system of seeing, there is certainly no need to change it. You might want to experiment with this method however.

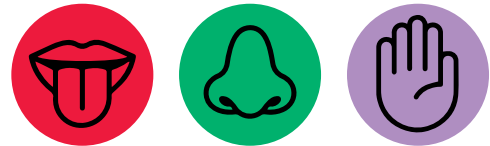
Create a mental image of a screen about six to twelve inches in front of your eyes. Imagine a white rectangular surface with gold borders around it or create a television set with full controls for changing the subject being viewed, fine-tuning the picture, even adding sound to the experience if you wish. Form the screen system that is best suited to you.

Begin practicing using your screen by seeing an image of an object that is familiar to you, such as a pencil. Hold the vision and use your thoughts to maintain a clear picture of it. Try to keep it from tumbling or fading from view. The object should remain stable, clear, and be controlled by your mind’s directions. In time you can even ask your psychic self to write messages to you using this pencil. Practice seeing other objects, places, or people that are also familiar.

Crystal balls are sometimes used as viewing screens in clairvoyant readings. They allow psychics to visually relax into the space within the ball to perceive visions.

Use this screen to gain insight into your personal needs and as a tool for clairvoyant psychic reception. It can prove to be a useful device for objectively viewing messages sent from your subconscious

self regarding your personal growth. Symbols, objects, characters, and detailed scenes viewed on the screen can provide helpful information to support and enhance messages in the cards during your Tarot readings.



## USING THE OTHER SENSES

Clairsentience incorporates the remaining three senses as vehicles for transmitting psychic knowledge to the **conscious mind**. The **emotions** can intermix with the senses of taste, smell, and touch and contribute to an internal experience that **reveals** information of a psychic nature. For example, the reader may experience sadness coupled with the physical feeling of a lover’s goodbye embrace, perhaps accompanied by the taste of salty tears and the smell of a flower garden in early spring, indicating a sad parting of two people. Further details of this event could be obtained by opening the mind to intuitive ideas regarding this parting and speaking spontaneously about them.

For a full-spectrum effect the reader could employ the senses of sight and sound as well. This could be done by desiring a vision of the parting scene and either listening in on the conversation or listening to the inner voice narrating the scene. This whole mechanism demonstrates how the creative imagination can be engaged in receiving psychic information.

## BECOMING AWARE OF GUT FEELINGS

The greater the number of sources of information, the greater the accuracy of the reading. As a rule, psychic readers should connect their gut feelings into each and every impression, whatever the source, to validate the information. The solar plexus will always have a response to the mind's interpretation of these psychic messages. Gut feelings are body responses localized in the solar plexus. As described in the previous chapter, the sensations in the gut can range from a vague sense of energy flow to a wrenching pain. Gut responses are sometimes thought of as an animal/human system retained from the caveman period that warns of the presence of danger. This same area of the body can be trained to respond in a highly sophisticated way as an energy sensor and converter finely tuned to nonphysical reality.

On a psychic level, body consciousness senses exactly what is needed to ensure continuous growth in all aspects of a person's life. It is attracted to the people who will prove to be helpful and is repelled by those who are harmful to the soul's path of development. This attraction/repulsion mechanism also functions to direct the mind regarding situations that are positive or negative as growth experiences. There are even gut reactions to simple physical objects such as books, cars, electronic equipment, and clothing.

A few important points should be considered when gut feelings are depended upon to direct the mind's decisions. First, the ultimate responsibility for all decisions rests with the conscious mind. Second, the best

direction for learning should be chosen on the basis of it fulfilling the "incarnational plan" and providing optimal spiritual growth. Third, and most important, the degree of accuracy of the gut reactions and the clarity of mental reception is directly proportional to the extent of psychological development of the subconscious self.

The "incarnational plan" is the potential life situations chosen by the spirit before incarnating, designed to provide fulfillment of spiritual growth. On a body/subconscious level, it is similar to a program in a computer's memory.

To develop a personal system of psychic signals, you can explore simple yes/no gut responses. First, go through the three-stage relaxation exercise described in the last chapter to open yourself for psychic work. Then close your eyes and place both hands over your solar plexus. Now, to experience your signal for "Yes," concentrate on an image that is positive for you such as hugging your child, winning the sweepstakes, completing an important task, or eating your favorite food. Feel the energy flow down from your head and into your solar plexus and notice the response your gut has to this image. Try this with different items toward which you have positive feelings and write down the various types of "Yes" reactions you experience in your gut. Try to be precise in your descriptions. To define your signals for "No," do the same exercise with images that you know are not enjoyable or beneficial to you. In time you can draw up an extensive list of your own system of gut



reactions to various items, to which you can continuously add and refine by observing subtle shifts in gut energy in myriad circumstances.

Developing an increased awareness of the gut-to-head signaling system is a practical tool for psychic Tarot readers. The gut sensations the reader feels can be used as a navigational aid to help direct the course of a reading. They will draw the reader to focus on certain aspects of the cards in a spread, for example, or to zero in on one meaning instead of another, and the feelings indicate whether the information being given is on target.



## OTHER WAYS TO RECEIVE PSYCHIC INFORMATION

Learning to perform different types of psychic readings opens new ways of receiving psychic information in a Tarot reading. All of the following types of psychic readings can be incorporated into a Tarot reading.

### PSYCHOMETRY

Psychometry is the reception of psychic information by touching, or focusing on, a physical object. The reader concentrates on an object, tunes into the vibrations that are in it, and receives psychic impressions pertaining to the owner of the object. This type of reading can be per-

formed on the new energy vibrations that enter the Tarot cards during the handling of the deck by the seeker, or by holding an object belonging to the seeker while the cards are being mixed and cut.

### PICTURE READING

Picture reading involves concentrating on a photograph to connect to a person in the same way as in psychometry. It trains a psychic to receive impressions from a two-dimensional representation of a person. This can also be applied to Tarot cards by focusing on a court card and speaking about the character being represented by that particular card.

Both types of readings—psychometry and picture reading—can be practiced to identify a Tarot reader's personal system of psychic receptivity and to increase psychic abilities in general. A Tarot reader can also hold an object or photograph of a person in the seeker's life who is not present to provide psychic information seen in the cards relative to that individual.

### AURA READING

An aura reading is the psychic interpretation of a person's energy. This type of reading is performed by focusing on the energy around a person's body and psychically converting this energy into information. The reader feels the energy, senses the colored energy patterns, and/or actually sees the colors of the aura. All three ways of perception involve bringing higher energy through the chakras and describing psychic impressions that result from being connected to the energy of the seeker's aura.



### TECHNIQUE FOR SEEING AN AURA

To see an aura you must allow your eyes to relax and go out of focus while bringing in energy through the top center of the crown chakra, down to the solar plexus, and up to and out through the third eye chakra. To relax the eyes means to look at something while also visually taking in everything around it. For example, close this book and place it about six feet away from where you are sitting. Look at the cover while simultaneously noting the ceiling, both walls, and all the objects within range of your peripheral vision. The details of the cover will become fuzzy, and you may experience a slight light-headedness. In order to see an aura, use this same type of relaxed vision while looking at the air space a few inches above someone's head. You can practice this by looking at your own aura in a mirror. Look for a white/yellow glow around your head while you remain as relaxed as possible.

When two people meet, they each make subconscious evaluations by sensing the energy of the other, though they are not aware of the psychic methods employed. Gut feelings, emotional signals, and psychic impressions are the body's way of identifying and expressing the character and state of mind of another person. In a Tarot reading this information can be brought to a more conscious level and used in conjunction with the cards simply by being open to the seeker's energy throughout the session.



Practicing each type of psychic reading will enhance your psychic abilities and help you in your personal and professional growth. Even if you are not planning to give professional psychic Tarot readings, insight and healing can be gained by developing all of your psychic talents. The reader is a channel for higher information and healing energy needed by the seeker. The more open the psychic reader is, the greater the flow of both insight and energy. No matter what type of reading is being given, the reader should be sensitive to the unspoken needs of the seeker and allow intuitive impressions to flow across a bridge of warm, healing energy.

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